



# **COMPETE TO**

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# **CONTRIBUTE**

**“Inspiring and Empowering Youth to Engage in  
Creating a Healthier Community”**

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## **PARTICIPATION PACKAGE**

# ABOUT US

## Mission

To inspire and empower youth to engage in creating a healthier community.

## History

Compete to Contribute began in 2016 with an idea to challenge youth participating in non-profit, extracurricular activities by partaking in acts of service to better the community. Through these acts of service, we want to inspire breakthroughs in the way children see their community and to achieve immediate and lasting change in their lives.

## The Challenge

We are challenging 15 incorporated, non-profit, minor associations in the Tri - region to implement creative acts of service that will positively impact their community. The winning groups will be awarded cash prizes for their efforts based on community engagement and impact. Our goal is that 100% of cash donations will be given back to the associations

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## The Board

### Darren Hinkel

780-222-9909

darren.hinkel@blackdirtcompany.com

### Sheldon Davis

780-504-9300

sheldon@four-elements.ca

### Ian Kondics

780-717-3272

ian@ianandchantel.com

### Cory Jodoin

780-968-4130

cjodoin@jen-col.com

### Josh Myshak

780-220-5911

josh@walterwraith.com

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# EVALUATION CRITERIA

Each category is rated on a scale from 1-10 (10 is highest).

## Youth Planning

/10

What level of involvement did the minors have?  
Was the event organized effectively?

## Youth Participation/Team Work

What was the level of team performance?

/10

## Community Impact

How many people did the act of service positively impact?  
Did the act of service fill a need in the community?  
Is the act sustainable within the community?

/10

## Community & Association Engagement

Was there a positive reaction to the act of service?  
- Engagement of association  
- Engagement of community

## Overall Impact

Did the overall effort of the association provide a positive impact?

/10

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# COMMUNITY SERVICE OPPORTUNITIES

- ▶ Organize a bottle drive to raise money for a local charitable organization.
- ▶ Organize a fundraising event to raise money for a good cause.
- ▶ Make “I Care” kits with combs, toothbrushes, shampoo, etc. for those in need.
- ▶ Organize a food drive for food.
- ▶ Draw placemats or entertain at a free community lunch.
- ▶ Adopt a “grandfriend” and visit them at a seniors lodge.
- ▶ Play games or hold an afternoon dance for your local seniors.
- ▶ Sing for residents at a senior’s lodge or at the hospital.
- ▶ Rake leaves or shovel snow for a senior in the community.
- ▶ Clean up a garden area.
- ▶ Clean up trash along walking paths or in a park.
- ▶ Plant flowers in public areas that could use some color.
- ▶ Paint a fence
- ▶ Create a habitat for wildlife at the Rehabilitation Centre near Spruce Grove.
- ▶ Build or paint dog houses for a rescue society.
- ▶ Create a campaign for a good cause.
- ▶ Organize a project for National Youth Service Day.
- ▶ Write a letter to the editor about an issue or organization you care about.
- ▶ Yellow Fish Road is a free storm drain painting program that promotes awareness about urban runoff pollution with various groups.
- ▶ Book-drive to support the Take Time To Read tiny libraries project run by the libraries.
- ▶ Create sensory backpacks for the shelves in libraries.
- ▶ Get together to buy holiday presents for a family in need or groups can sort and wrap with Kinnette Club
- ▶ Bake cookies and bring them to your local fire department or RCMP detachment.
- ▶ Carry out groceries for people at the local grocery store.
- ▶ Preservation or restoration of historical sites and buildings.





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## **CONTACT US**

[competetocontribute@outlook.com](mailto:competetocontribute@outlook.com)  
[www.competetocontribute.com](http://www.competetocontribute.com)

**Compete to Contribute**  
300 Saskatchewan Ave  
Spruce Grove, AB T7X 0G6

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**THANK YOU FOR YOUR SUPPORT!**